



# May 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 530p-630p Incoming Freshman Information Session in SHS cafeteria. Tour of new gym, and free admit to SHS Spring Football game to those who attend. Spring Football Classic vs Naples Gulf Coast @ Ihrig Field, Cleland Stadium @ 7p	20	21
22	23	24	25	26	27	28
29	30	31				



# June 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2	3	4
					SHS Graduation @ 8p, Ihrig Field, Cleland Stadium	SHS Athletics Free Physicals, @ SHS...Bldg 14 9a-11a
5	6	7	8	9	10	11
	8a-10a Upperclass 10a-1130a Freshman 1 <sup>st</sup> Day of Summer Strength and Conditioning	8a-10a Upperclass 10a-1130a Freshman Day 2	8a-10a Upperclass 10a-1130a Freshman Day 3	8a-10a Upperclass 10a-1130a Freshman Day 4	8a-10a Position Skills and 7 on 7 Upperclass and Freshman Day 5	
12	13	14	15	16	17	18
	8a-10a Upperclass 10a-1130a Freshman Day 6	8a-10a Upperclass 10a-1130a Freshman Day 7	8a-10a Upperclass 10a-1130a Freshman Day 8	8a-10a Upperclass 10a-1130a Freshman Day 9	8a-10a Position Skills and 7 on 7 Upperclass and Freshman <b>Day 10</b>	
19	20	21	22	23	24	25
	8a-10a Upperclass 10a-1130a Freshman Day 11	8a-10a Upperclass 10a-1130a Freshman Day 12	8a-10a Upperclass 10a-1130a Freshman Day 13	8a-10a Upperclass 10a-1130a Freshman Day 14	8a-10a Position Skills and 7 on 7 Upperclass and Freshman Day 15	
26	27	28	29	30		
	8a-10a Upperclass 10a-1130a Freshman Day 16	8a-10a Upperclass 10a-1130a Freshman Day 17	8a-10a Upperclass 10a-1130a Freshman Day 18	8a-10a Upperclass 10a-1130a Freshman Day 19		



# July 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
					8a-10a Position Skills and 7 on 7 Upperclass and Freshman Day 20	
3	4	5	6	7	8	9
	<b>NO Workout</b>	<b>NO Workout</b>	<b>NO Workout</b>	<b>NO Workout</b>	<b>NO Workout</b>	
10	11	12	13	14	15	16
	8a-10a Upperclass 10-1130a Freshman Day 21	8a-10a Upperclass 10-1130a Freshman Day 22	8a-10a Upperclass 10-1130a Freshman Day 23	8a-10a Upperclass 10-1130a Freshman Day 24	8a-10a Position Skills and 7 on 7 Upperclass and Freshman Day 25	
17	18	19	20	21	22	23
	8a-10a Upperclass 10-1130a Freshman Day 26	8a-10a Upperclass 10-1130a Freshman Day 27	8a-10a Upperclass 10-1130a Freshman Day 28	8a-10a Upperclass 10-1130a Freshman Day 29	8a-10a Position Skills and 7 on 7 Upperclass and Freshman Day 30	
24	25	26	27	28	29	30
	8a-10a Upperclass 10-1130a Freshman Day 31	8a-10a Upperclass 10-1130a Freshman Day 32	8a-10a Upperclass 10-1130a Freshman Day 33	8a-10a Upperclass 10-1130a Freshman Day 34	8a-10a Position Skills and 7 on 7 Upperclass and Freshman <b>Day 35</b>	
31						



# August 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2	3	4	5	6
	1 <sup>st</sup> Day Fall Camp/Practice Helmets & Shorts 8a-11a, 12p-1p Upperclass & Freshman	Day 2 Helmets & Shorts 8a-11a, 12p-1p Upperclass & Freshman	Day 3 Helmets & Shorts 8a-11a, 12p-1p Upperclass & Freshman	Day 4 Shells 8a-11a, 12p-1p Upperclass & Freshman	Day 5 Shells 8a-11a, 12p-1p Upperclass & Freshman	Day 6 Full Pads 8a-11a Upperclass & Freshman Back to School Celebration 11a-1230p
7	8	9	10	11	12	13
	Day 7 TBA	Day 8 TBA	Day 9 TBA	Day 10 TBA	Day 11 TBA	Team Pictures JV 11a-12p Varsity 12p-1p Freshman 1p-2p
14	15	16	17	18	19	20
	Day 12 TBA	Day 13 TBA	Day 14 TBA	Fall Pre-Season Classic vs Tampa Berkley Prep @ Ihrig Field, Cleland Stadium, 7p Freshman & JV	<b>Practices for Freshman, JV &amp; Varsity</b> TBA	Practices for Freshman, JV, & Varsity TBA
21	22	23	24	25	26	27
	1 <sup>st</sup> Day of School Study Hall 230p-3p Practice 320p-530p Freshman, JV, and	Study Hall 230p-3p Practice 320p-530p Freshman, JV, and	Study Hall 230p-3p Practice 320p-530p Freshman, JV, and	Study Hall 230p-3p Varsity 315p-430p Freshman & JV 320p-5:30p	Game 1 Varsity vs Cape Coral @ 730p, Ihrig Field, Cleland Stadium	Practices for Freshman, JV, & Varsity TBA
28	29	30	31			
			Game 1 Freshman vs Tampa Jesuit @ 7p, Ihrig Field, Cleland Stadium			